

# Track Academy USA

56 Hughes RD  
P. O. Box 276  
Madison, AL 35758  
info@trackacademyusa.com



# Pre-Residency Training Program

## Overview

The Pre-Residency Training Program of Track Academy USA, INC. is designed to provide international medical graduates with hands-on experience in the U.S. healthcare system. Upon successful completion of the visa process, these graduates, now referred to as Participants, will engage in structured, supervised shadowing, administrative learning, and technical system training at U.S. medical facilities.

Through partnerships with hospitals, private practices, and healthcare centers, the program aims to bridge the gap between medical education and practical residency readiness, empowering international graduates with the essential skills, knowledge, and clinical exposure needed for residency applications.

## Goals

1. **Enhance Participants'** understanding of clinical workflows and medical protocols in U.S. healthcare settings.
2. **Equip Participants** with the necessary skills to efficiently handle medical documentation, HIPAA compliance, and other administrative functions.
3. **Develop Proficiency** in widely-used Electronic Medical Records (EMR) systems.
4. **Provide Mentorship** from experienced U.S. doctors to foster career growth and facilitate integration into the U.S. medical system.

## Program Structure

The **Pre-Residency Training Program** offers international medical graduates an immersive experience in the U.S. healthcare system, combining hands-on clinical observation with essential administrative and technical training. Participants will gain valuable insights into medical practices, patient care, and healthcare compliance while building proficiency in critical systems like Electronic Medical Records (EMR). Through a structured **250-hour curriculum**, the program prepares graduates for successful integration into U.S. medical residency programs, enhancing both their clinical competence and professional qualifications:

- Doctor Shadowing - **50 hours**
- Medical Paperwork and Clinical Work - **50 hours**
- Electronic Medical Records (EMR) System Learning - **40 hours**
- Thesis Presentation and Program Learning - **10 hours**

Module	Duration	Hours
Program Orientation & EMR Systems Overview	2 weeks	40 hours
Medical Paperwork and Clinical Administration	4 weeks	50 hours
Medical Shadowing	16 weeks	150 hours
<b>Total Program Duration:</b>	<b>6 months</b>	<b>240 hours</b>

# Programs Explained

## Shadowing Hours

### Purpose:

The shadowing component of the program is designed to immerse Participants in real-world medical practices across various specialties. This direct observation and interaction will offer insights into patient care, diagnosis, treatment protocols, and medical decision-making.

### Key Details:

- **Hours Required:** 50 hours
- **Training Facilities:** Hospitals, doctors' offices, and specialized medical centers
- **Mentors:** Experienced, licensed doctors with at least 5 years of clinical experience
- **Learning Objectives:**
  - Understand clinical workflows in various specialties.
  - Develop strong patient interaction skills by observing doctor-patient communication.
  - Learn how different medical teams work collaboratively in a clinical environment.

### Participant Benefits:

1. Exposure to a variety of medical practices and specialties.
2. Observing the application of medical knowledge in U.S. healthcare settings.
3. Gaining an understanding of U.S. medical ethics, protocols, and standards.

## Learning Medical Paperwork and Clinical Work

### Purpose:

Managing patient records, processing medical documentation, and adhering to legal and ethical standards are crucial aspects of healthcare administration. This section of the program focuses on familiarizing Participants with U.S. healthcare compliance and administrative procedures.

### Key Details:

- **Hours Required:** 50 hours
- **Training Facilities:** Hospitals and medical offices equipped with administrative teams
- **Topics Covered:**
  - Medical documentation: Best practices in handling patient charts and records.
  - HIPAA and privacy regulations: Ensuring confidentiality and compliance in patient care.
  - Medical coding and billing: Introduction to U.S. healthcare billing systems, ICD-10 codes, and insurance claims processes.

### Participant Benefits:

1. Understanding the importance of accurate and ethical medical documentation.
2. Developing familiarity with medical billing, coding, and insurance in the U.S.
3. Learning how to maintain legal and regulatory compliance in clinical settings.

## Electronic Medical Records (EMR) Systems

### Purpose:

With healthcare increasingly reliant on digital record-keeping, it is vital for international graduates to understand how to work with Electronic Medical Records (EMR). This module ensures that Participants become adept at navigating the leading EMR systems used in U.S. healthcare facilities.

### Key Details:

- **Hours Required:** 40 hours
- **Training Facilities:** Hospitals and clinics equipped with EMR systems
- **Systems Covered:**
  - Epic
  - Cerner
  - Meditech

### Learning Objectives:

- Navigating the user interface of different EMR systems.
- Inputting and managing patient data effectively.
- Understanding the integration of EMR systems within clinical workflows, including lab ordering, results tracking, and clinical decision support systems.

### Participant Benefits:

1. Mastery of major EMR systems used in U.S. hospitals and clinics.
2. Increased efficiency and accuracy in managing patient data digitally.
3. Enhancing employability by gaining proficiency in technologies critical to modern healthcare.

## Participant Evaluation and Certification

At the end of the program, each Participant's performance will be evaluated based on the following criteria:

- Completion of required shadowing hours.
- Proficiency in managing medical documentation and compliance protocols.
- Mastery of EMR systems.

Upon successful completion of the program, Participants will receive a **Certificate of Completion** from Track Academy USA, INC., which they can include in their residency applications or use to demonstrate their competence in U.S. healthcare practices.

# How To Apply

## Application Process

### Requirements for Application

Prospective students must submit the following documents:

1. **Studied Curriculum** – A detailed outline of medical courses taken.
2. **Degree** – Proof of medical degree from an accredited institution.
3. **Transcript** – An official academic transcript from the medical institution.
4. **Three Letters of Recommendation** – From medical professionals familiar with the applicant's capabilities and character.
5. **Completed Application Questionnaire.**

### Application Submission and Evaluation Process:

- **Step 1:** Submit all required documentation and the application questionnaire.
- **Step 2:** Applications will be reviewed by a Track Academy USA, INC. admissions committee.
- **Step 3:** Selected applicants will be invited for an interview.
- **Step 4:** Admission decisions will be made, and visa processing assistance will begin for successful applicants.

### Next Steps

Once the application is submitted we will review the documents and once approved, we will contact you about next steps, including application fee and program cost.

## Conclusion

The Pre-residence Training Program at Track Academy USA, INC. is uniquely designed to equip international medical graduates with the skills, knowledge, and experience necessary to succeed in the U.S. healthcare system. By offering a comprehensive mix of shadowing, administrative learning, and technology-based training, this program serves as a critical step in preparing participants for their future medical careers. Our commitment to mentorship, structured learning, and professional development ensures that Participants will leave the program fully prepared for the next phase of their medical journey.